



**BEECHWOOD
SCHOOL**



Academia
& Football

Alpha
SCHOOLS



Beechwood Elite Football Training Camps

A Professional Academy Experience
With a focus on individual development



Our unique day and residential training camps for 13-18 year olds, allow players the opportunity to gain an insight into

Beechwood Elite Football Training Camp

A unique programme focusing on an individual's development

Why us?

- Our programme offers a professional academy experience
- Our focus centres around individual development for players
- We are unique, with unrivalled experience and expertise at combining both education and football at the highest level
- Tunbridge Wells is the ideal location and Beechwood the perfect environment for our already established football training camp



- We have highly qualified staff with vast experience in football development both in Category 1 Academy environments and within an educational setting
- Our programme offers an environment found in professional football academies
 - We have outstanding facilities for coaching and teaching set in a safe and spectacular campus in Tunbridge Wells, just 30 minutes access to London

The premier independent education football programme from the top...



“A coaching staff that are second to none, coupled with an outstanding educational setting means any player would be lucky to be on this programme. I have seen first-hand how the players develop under this this coaching structure and it is all about developing the individual.”

Johnny Williams - Wales, Crystal Palace, Nottingham Forrest & Gillingham

Coaching team

A unique record of success in education & football



Greg Thurstans Director of Football

"Understanding the importance of supporting every individual in both their education and football is critical"

- Over 20 years experience in teaching within independent education and 8 years as Director of Sport at a leading Independent School
- Notably one of the youngest coaches to achieve both outfield and goalkeeping UEFA 'A' Licences and also holds FA youth modules 1,2 and 3
- Previously a coach at Crystal Palace Academy, England Independent Schools national U16/18 teams and scout for Brighton FC
- As a player was at Chelsea FC for a period at the age of 21 and went on to play for a number of semi-professional clubs
- Educational qualifications; BSc Sport Science, PGCE in secondary PE teaching and Qualified Teacher Status



Matthew Rose Head of Coaching & Boys Football

"I have a passion for developing young players and delivering the best outcomes"

- Over 25 years experience in professional football with a career in the Premier League with Arsenal and QPR playing over 240 games
- Only recently, kept Barnsley in the Football League Championship, in dramatic fashion as their Assistant Head Coach
- As an Arsenal Academy coach placed scholars at Arsenal, with other players going onto play for clubs in Europe including Ajax and Manchester United
- Vast experience in coaching across Europe including FC DAC, which saw him in charge of the implementation of a training regime specific to the needs of developing young players
- Holds the UEFA 'A' Licence and has attended FA position specific courses

Coaching team

A unique record of success in education & football



Kiera Hewett-Brown
Head of Girls Football

"My passion lies in developing individuals and ensuring they reach the very limit of their potential"

- 9 years of experience coaching within professional football, schools and elite development programmes
- Currently holds the UEFA 'B' License
- Coached within the elite female game, developing players in both foundation and youth development phases
- Worked as a lead coach at both Millwall Lionesses and Chelsea Womens Academy
- Developed players that have been a part of the England Talent Pathway and have gone on to represent their country at youth level



Jake Locker
Head of Sport Science

"My goal is to help young players maximise their athletic potential, by improving their physical performance and reducing their injury risk"

- MSc in Strength & Conditioning and BSc in Sport & Exercise Science from Loughborough University
- Worked as a Strength & Conditioning coach for Leicester FC, working with their U12-U21 teams
- Pathway to UKSCA accredited coach, a BASES accredited sport scientist
- FA Level 2 qualified coach, with 7 years of coaching experience in both boys & girls grassroots football and independent schools
- Managed teams at Loughborough Uni's men's football teams
- Previous academy footballer and played

Coaching team

A unique record of success in education & football



Neale Manning Head of Goalkeeping

"I aim to motivate goalkeepers with energetic and match realistic sessions, tailored to the individuals needs"

- Over 12 years as a coach working in the professional game
- Coached at Chelsea , West Ham Utd and Charlton Athletic Academies
- Currently at Manchester City as Southern area Goalkeeper Scout
- Holds both the UEFA B' outfield and goalkeeping license, with FA Youth modules 1,2,3
- Worked with many Youth International Goalkeepers from around the world
- Track record of developing Goalkeeper's from



Will Burke Lead Physiotherapist

"I have a proactive and holistic approach to physiotherapy supporting each individual"

- Over 12 years experience in Physiotherapy and sport
- MSc in Clinical Manipulative Physiotherapy and a chartered Physiotherapist
- CEO of the highly successful Wells Physiotherapy and Sports Injury Clinic
- Studied in Australia and Portugal in sports injuries and rehabilitation
- Specialises in musculoskeletal Physiotherapy

Coaching team

A unique record of success in education & football



John Crittenden Mental Performance lead

"I help people to vision, instigate and maintain effective change, through a framework of support and challenge."

- BSc in Sport Science, PE PGCE, MA(Ed) Diploma in Educational leadership and management, ILM Level 7 Diploma in Executive Coaching and mentoring
- Over 20 years of educational experience as a PE and Psychology teacher and leader
- Extensive pastoral care experience, including Assistant Principal; Director of Leadership Coaching
- FA Girl's Southeast Super Hub school lead and FA Development Coach and author
- Educational and exec consultant for Youth Sport Trust, The High Performance podcast, National Governing Bodies and Brighton and Hove Albion FC



Sean O'Brien Sport Science coach

"I am excited to bring new and current practice based on research to help ensure we are at the forefront of Sport Science"

- Studying Sports Science at Loughborough University
- FA introduction to coaching
- FA Level 1 certificate
- Lead in Sport Science and football coaching in Grass roots and University environments

Elite environment

Outstanding facilities, cultural development and set in the perfect location

- Tunbridge Wells is the ideal location, set in a safe area of natural beauty ("the garden of England") and the town centre is just a short walk away
- Crucially Tunbridge wells station has regular trains that are direct into central London
- We are also easily accessible to major London airports and the South East the coast
- The school is also located next door to the stunning Dunorlan public park
- The idyllic setting is in close proximity to some spectacular venues: Scotney Castle, Bewl Water, The Pantiles, Penshurst Place, Bedgebury, Bodiam Castle, Groombridge Place, Battle and Hastings



Elite environment

Outstanding facilities, cultural development and set in the perfect location

- Beechwood has future proofed facilities, including a Strength and Conditioning suite, grass pitches, multi-use astro, indoor sports hall
- Beechwood offers numerous onsite activities including multi sports, music and drama
- we have multiple function rooms to cater for a host of activities



Elite environment

Outstanding facilities, cultural development and set in the perfect location

- Our boarding facilities are all onsite meaning our residential camps are all contained on the same campus
- Boarding has a capacity of 60 spaces for staff and students with a combination of single and double rooms
- All rooms and areas are either new or been recently fully refurbished to a high standard, including communal areas



What might a typical timetable will look like?

A market leading football and educational residential camp

DAY	MORNING (9am-12pm)		AFTERNOON (12-5pm)		EVENING (5-9pm)			
FRIDAY				START/ARRIVAL		PRESENTATION		
SATURDAY	BREAKFAST	FOOTBALL TRAINING	LUNCH	LIVE MATCH	DINNER	FOOTBALL QUIZ or CINEMA*		
SUNDAY				DOWNTIME or SCOTNEY*		TABLE TENNIS or GOLF RANGE*		
MONDAY			NUTRITION PRACTICAL	FOOTBALL TRAINING		NUTRITION PRACTICAL	PANTILES or BOWLING*	
TUESDAY			LUNCH				FOOTBALL TRAINING	DUNORLAN PARK or CURLING*
WEDNESDAY								LUNCH
THURSDAY			LUNCH	FOOTBALL TRAINING		DINNER	TENNIS or SWIMMING*	
FRIDAY							LUNCH	FOOTBALL TRAINING
SATURDAY	NUTRITION PRACTICAL			DOWNTIME or GO APE*	DARTS			
SUNDAY	BREAKFAST			END/DEPARTURE				

*Optional extra, not included in the price

What is included and how much does it cost?

A market leading football and educational football training camp

Dates (9 days)	Cost per person	All non * excursions	Coaching and boarding staff	Transport to and from excursions	2x 1.5 hour coaching sessions each day	Full board with 3 meals each day
9th-15th February	£1,200 - boarding £650 - day	✓	✓	✓	✓	✓

“The facilities and setting were outstanding. The boarding was amazing and this was all just a short train journey from London.”

“The coaching staff were outstanding, which made the camp the most enjoyable we have experienced”

“The detail on the delivery made us feel like we were at an academy but with the reassurance that she would receive the best education alongside this”

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www.beechwood-efp.org.uk

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